



Baby Unit Routine

7:30 - Continuous activities

8:00 – 8:30 Breakfast

8:30 – 9:00 Continuous provision

9:00 – 9:15 Singing and signing

9:15 – 9:30 Snack time

9:30 – 10:30 Continuous activities

10:30 – 11:00 Nappies and outdoor play

11:05 – Sit down for dinner and wash hands and faces;
older children to wash hands in the sink

11:10 – 12:00 Dinner time

11:40 – 1:50 Continuous in all areas / outdoor play

1:45 - Drinks

1:50 – Singing and signing

2:00 – 2:50 Continuous activities and outdoor

2:55 – Sit down for dinner and wash hands and faces;
older children to wash hands in the sink

3:00 – 3:30 Tea time

3:30 – 4:00 Nappies and outdoor play

4:00 – 5:30 Continuous activities

5:30 - Drinks

5:45 - Singing and story time

6:00 - Home time